

**Important Note:**

The following schedule of visits, activities, and excursions are subject to change and substitution. In order for you to get the most out of the lectures and hands-on experience, you should be at least a Mid Intermediate level Spanish speaker. If you are currently at a level below mid-intermediate, you may still apply, but we strongly recommend that you also register for at least an additional 2 weeks of classes prior to the start of the SALUD program. **IMPORTANT:** The native language of most of the patients is Quechua, so your Spanish level is extremely important!

Although clinical observation experiences tend to be mostly shadowing, they may vary from strictly observational/shadowing to more hands on. The amount of hands on work you do during your clinical observation component will depend on your current language and medical skills as well as the organization's needs and your ability to integrate. **It is important to remember that you are not licensed in the host country.**

**Week #1**

**Saturday** Arrive to La Paz. If you signed up for the La Paz package, you will transfer from the airport to a hotel. Overnight in La Paz.

**Sunday** Transfer to airport if you received La Paz package. Reception at Sucre airport and transfer to host families. You will have your own bedroom unless you request otherwise.

**Monday**

08:15 Arrive to school (your host family will show you the way)  
08:25 Welcome and orientation session about the trip  
08:40 Placement exams (oral & written)  
09:30 Orientation session  
13:00 Lunch at home with your host family  
15:00 City tour of the White City of Sucre

**Tuesday**

08:15-10:05 Group Spanish Classes  
10:05-10:20 Break  
10:20-12:10 Group Spanish Classes  
12:10-14:30 Lunch at home with your host family  
14:30-15:30 Private Medical Spanish Terminology

**Wednesday**

08:15-10:05 Group Spanish Classes  
10:05-10:20 Break  
10:20-12:10 Group Spanish Classes  
12:10-14:30 Lunch at home with your host family  
14:30-15:30 Private Medical Spanish Terminology

**Thursday**

08:15-10:05 Group Spanish Classes  
10:05-10:20 Break  
10:20-12:10 Group Spanish Classes  
12:10-14:30 Lunch at home with your host family  
14:30-15:30 Private Medical Spanish Terminology

**Friday**

08:15-10:05 Group Spanish Classes  
10:05-10:20 Break  
10:20-12:10 Group Spanish Classes  
12:10-14:30 Lunch at home with your host family  
2:30-15:30 Private Medical Spanish Terminology



# SALUD Bolivia 2008

## 6-week Independent Program

### Saturday-Sunday

Free weekend. School can help you organize trips outside the city for average \$10-25.

### Week #2

#### Monday - Friday

08:15-10:05	Group Spanish Classes
10:05-10:20	Break
10:20-12:10	Group Spanish Classes
12:10-14:30	Lunch at home with your host family
14:30-15:30	Private Medical Spanish Terminology

### Saturday-Sunday

Free weekend. School can help you organize trips outside the city for average \$10-25.

### Week #3-6

Your observation will take place at Tarabuco Hospital, in a village about 45 minutes from Sucre. The school staff will show you how to catch the safe public bus. You will need to bring your own lunch to Tarabuco. You will receive dinner at the host family instead of lunch. Sometimes, you will shadow doctors and nurses in the hospital, other times you will accompany them to other small indigenous villages to provide mobile care to those who cannot get to the hospital. During your placement, your family will provide Breakfast and Dinner (not lunch).

#### Monday - Friday

07:30	Public bus to Tarabuco
18:00	Return to Sucre

#### Saturday, Week 6

Depart program (make your own way to the airport).

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### Getting There

Participants are responsible for their own transportation to La Paz/Sucre. We recommend Exito Travel ([http://www.amerispan.com/study\\_abroad\\_airfare.asp](http://www.amerispan.com/study_abroad_airfare.asp)). If you opted for the La Paz package: upon arriving to La Paz, you'll be picked up and taken to a hotel. You MUST let us know at least 8 weeks in advance to book the La Paz package. You must pay the package fee when you book it to reserve your spot. The next day you will travel to Sucre and be picked up by your host family. Otherwise, you are responsible to make your own way to Sucre. Students should plan to arrive to La Paz on Saturday, and depart Sucre on Saturday. Return tickets are not included in the La Paz package. If participants need to arrive a few days earlier or stay a few days later, this is possible at an additional per day cost.

### Deadlines

#### Six weeks or more in advance

- Application. Please read "Terms and Conditions" on the application regarding cancellation penalties, refunds, etc.
- \$100 registration fee due. Late registrants may apply, space permitting and will pay an additional \$35 late fee.

#### 4 weeks in advance

- Final payment is due. Payment received after the due date will be assessed a \$35 late fee.
- Medical specialties/interests
- housing requests (roommates, extra days and other special requests)

#### 2 weeks in advance

- Flight information due
- Gather any donations that you may be bringng.

## **Re-Cap of What's Included**

- 2 weeks 4 hrs/day group classes (20 hrs/wk)
- 2 weeks 1 hr/day private classes for medical terminology, case study, Bolivian medical system (10 hrs/wk)
- Private room with host family
- 2 meals daily with host family
- 4 weeks clinical observation
- Orientation tour and materials
- Airport pick-up and in Sucre
- Travel Assistance Program
- Emergency message service
- One-way La Paz-Sucre plane ticket & one night hotel stay in La Paz (**available at additional cost**)

## **Suggested Donations (optional):**

- Gloves
- Hair Nets
- Booties
- Sterile Gauze Pads
- Band-Aids
- Stethoscopes
- Suture Kits
- Gowns
- LP Kits
- Used Eyeglasses
- Vitamins (like Centrum multi-vitamins)
- Aspirin, Ranitidine or other non-prescription drugs (small amounts)

## **Required Wardrobe:**

- White Shoes
- White apron or lab coat
- Stethoscope